# Prayer of Mind

A prayer to reprogram your subconscious mind.

Change the beliefs about your life, These beliefs will change your life.

Presented with love to.....

.....

If you do this prayer for twenty one days continuously, then the words of this prayer will program your subconscious mind positively and the words of this prayer will turn into reality in your life.

I feel happy to gift this small present and wish that you achieve heights of peace, happiness and prosperity through positive programming of your mind.

# Why Prayer of Mind?

As per the laws of psychology, whatever we do with sincere efforts for twenty one days continuously, it becomes a habit. There are many people in the society who live their lives with negative thoughts and beliefs. This attracts negative incidents in their lives. There is a cosmic law that our outer world is a direct reflection of our inner world. That is why, our negative thoughts and beliefs create a negative atmosphere in our outer world.

If we wish to experience positive events in our outer world, then we have to make our inner world (our thoughts and beliefs) positive. This prayer has been created to make everyone's thoughts and beliefs positive. I am sure if you do this prayer for twenty one days continuously then your thoughts and beliefs will become positive.

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*Oh! Subconscious Mind You Are Mighty I Have Seen Your Power I Have Complete Trust In You.* 

### I am born with the boon of happiness

This is my prayer, my own prayer. I know the power of prayer. So I do this prayer every day, whole heartedly. My existence on this planet as a human being is not an accident. I have been created for a definite purpose. I am born to do some significant tasks. I know for sure that there are many qualities within me. I am utilizing these qualities in my life to the fullest. I have set my goals to do something worthwhile. I clearly know what I want to achieve and what I want to give back to the society as my contribution. I know that balance of success gives happiness and happiness gives peace of mind. I am being successful everyday in one or the other field. I am getting happiness in different ways every day. I experience peace everyday. I am blessed with happiness. I am always experiencing happiness

and spreading happiness.

# My mind is a thriving sea of infinite power

I know that my existence is me (i.e. body and my mind). To achieve success, happiness and peace, I use my body as well as my mind because I know that my mind is a thriving sea of infinite power. It is omnipotent and omnipresent. I am utilizing the unlimited power of my mind in all fields.

I do work hard but my hard work is not limited to my body. I also work with my mind. I am working in right direction and in a proper way. My entire hard work is to achieve a definite worthy goal. I have set definite goals in all the four aspects of life i.e. physical, social, mental and spiritual, and to achieve them, I utilize the power of my mind. My one mind is the boss and other is subordinate. One is conscious and another is subconscious. The co-ordination of both minds gives me happiness and peace.

So I am always happy and cheerful!

#### I take better care of my body

I have control over all the five senses of my body. All my five senses, i.e. taste, touch, smell, hearing and sight are functioning to the fullest. My reflexes are working properly. My body is active, energetic, skillful and healthy. I know that I have to live in my body for years. That is why I always take better care of it. I take all possible steps towards good health. I eat a balanced diet and sleep enough. I know that health is the most important assets of my life. That is why I keep myself fit and healthy. I do nothing at the cost of my health. My body can do all the activities in proper manner and I can walk a long distance. I am full of vigour and will always be.

# Positive thinking is the foundation of my personality

Thinking is not just a process for me. I believe that my thoughts are the foundation of my personality. I know that what I am today is the result of my past thoughts. And my future depends upon my present thoughts. That is why, I always think positively. I look at the positive qualities of all the people. I think of the positive aspect of any event. I don't neglect negativity but I overtake it. I believe that thinking is not everything but everything is based on what you think. I think uniquely. I think creatively. I always ponder over good thoughts, even if they are of others. I always get something new from them. The comprehension of good thoughts brings a new vision in my life. Positive thinking is the foundation of my personality.

#### I get the desired result from my mind

I train my logic everyday. Logic creates questions in my mind. These questions attract the answers to them. I get satisfaction from knowing and learning new things. Because of my sharp logic, I can analyse any human mind, event or situation and on that basis I come to the correct conclusion. That always helps me to make the right decision. I know very well as to when, where and how to utilize my logic. I use my logic at my own discretion. I do not allow any logic to hamper my will power even if it is my own. Because I believe the place of will power and self-confidence is much higher than logic. That is why I get the desired result from my mind.

## I am not just intelligent but awakened

I like to do activities that stimulate my intellect. I even like the company of intelligent people. I know very well that to be happy and prosperous in totality, Intelligence Quotient (IQ) is important but Emotional Quotient (EQ) is more important and Spiritual Quotient (SQ) is the most important. I take care that my mind does not just remain an instrument of logic and analysis. Purification of emotions and true spirituality only ennobles my mind. I use the power of my mind for the welfare of other people. And the more I keep using it, the stronger it gets. I am not just intelligent but awakened!

#### The doors of my mind are always open

Every sunrise in the morning brings new opportunity for me. Sometimes opportunity to develop a new relationship, Sometimes opportunity to better my health, Sometimes opportunity to increase my income and sometimes opportunity to learn new things. I don't wait for opportunity but it comes. And it keeps coming. Opportunity does not need to knock my doors, The doors of my mind are always open. As it enters, I recognize it and take appropriate action immediately. And it is always so.

# I am able to take important decisions easily

I know what is good for me and what is bad. VVhat is right and what is wrong. When I am at the crossroads of my life, I can decide which one is right and which one is wrong. At the time of taking a decision, my thinking power, logic, analysis and the judgment come to my help and that helps me to take the right decision. However important the decision may be, I am able to take it quickly with sound mind. I have immense trust on the decisions that I have taken. I am able to take important decisions easily.

# All the desires rising Within me are noble

I know that desire is the seed of any creation. Without sowing the seeds of desire, success cannot be harvested. When desire becomes overpowering, history is shaped. When desire becomes overpowering, world-records are created. When desire becomes overpowering, revolutions take place. I am happy that the desires rising within me are positive and noble. Positive desires help me to set positive goals. And that is why my goals are for my benefit as well as for the benefit of others. The first desire rising within me, every moment, is that my goal should not be just for my own self but for the good of everyone.

# Positive attitude has become a way of my life

I know the powers of my subconscious mind completely. I know that my subconscious mind obeys all the commands whether it is given by me or others. It has no logic and thinking power. only executes the orders and executes it 100 percent. That is why I give only positive commands to it. I think positive, I speak positive language and behave positively. I don't allow any negative commands to reach my sub-conscious mind. Positive attitude has become a way of my life. And that is why I am always happy and I am always cheerful! I always protect my sub-conscious mind from negative commands.

## My memory is well trained

All my senses are active for reflex action. I get premonitions about my future events, good or bad. The warning given by my subconscious mind always saves me from any type of loss. My conscience always keeps me away from negativity. That is why I only do noble work. I always train my conscious mind to utilize the wonderful powers of telepathy within me and derive many good results out of it. My memory is well trained. I can definitely remember names of people, addresses, telephone numbers and all important information about their family and their profession. I utilize this information as and when I require.

## I have the power to solve any problem

I can think in a very creative manner and can make beautiful creations. I get the inspiration to do any new work from my inner-self After deciding my goal, I submit it to my sub-conscious mind for the divine planning and its planning is wonderful! I have the power to solve any problem. My subconscious mind can bring positive changes in physical, mental and social atmosphere and it attracts my goal to me like a magnet.

#### I

## I will live as long as I desire

I know that

the subconscious mind plays a very important role in the creation and development of my body. There is a negligible ageing of cells of my body because of my positive thoughts, words and actions. The creation of new cells is a continuous ongoing process in my body. All the systems of my body are functioning perfectly and are in harmony with each other. My immunity power is increasing because of my positivity. I have wonderful healing power. I have the power to control any type of pain. I have complete control over all the senses and all parts of my body. I fully trust my subconscious mind that I will live as long as I desire.

## I trust myself completely

I give selfless love to everyone. I am merciful and compassionate for the needy and the weak. I have learn to forgive people, forgive them unconditionally and whole heartedly. I always feel grateful for those who have done any useful work for the society. I am always cheerful and happy. I always show courtesy and behave in a good manner with everyone. I am always generous and spread generosity. Trust is the mantra of my life. I believe in the supreme power and I trust the entire universe. I can trust people with ease. I trust the powers within me. I trust myself completely.

# *My subconscious mind gives me inspiration*

My subconscious mind gives me inspiration, strength and guidance. It prospers my body, mind and wealth. My subconscious mind is my Personal God. I use this Personal God for the benefit of others too. I get only positive thoughts from all the directions. My goals are always positive. I live a principle-centred life. Whatever I think and do for myself, I do it equally for others also and will keep doing. I like myself, the society and the whole universe at large.

# I have a huge and noble heart

I am free from all kind of blind faiths. My life is not dependant on anything except my mind. I have complete control over my mind. I am the only sculptor of my life. In order to be happy and spread happiness, I use the powers of my subconscious mind to the fullest. My conscience is completely pure. I have the capacity to unconditionally forgive any body who has ill behaved or harmed me. knowingly or unknowingly. I have a huge and noble heart.

# I will achieve all my goals

I do the programming of my subconscious mind for my success, peace and happiness. I have unlimited powers. ' I will give notable contribution to my family, society and the nation. I always set mighty goals in co-ordination with my positive desires and decisions. I have set my goals in all four aspects of my life i.e. physical, mental, social and spiritual. Achievement of my goals will benefit me, my family and society at large. I strongly believe that I will achieve all my goals.

# I visualize my goals clearly

I feel excited when I think of my goals. My heart-beat starts increasing. I practice relaxation everyday. I visualize my goals in alpha state everyday. I can visualize moving and colourful pictures of the things I desire. I get overwhelmed with emotions when I practice visualization in alpha state. I can clearly visualize the pictures of my goal. I can mentally experience the incident in the alpha state. I give positive autosuggestions regularly in order to achieve success, peace and happiness.

# I pray every day regularly

I observe fasting regularly at definite interval. I have faith in the power of fasting. I practise silence at a particular time, everyday. I experience immense peace at that time. I never miss this opportunity to receive messages from my subconscious mind. I regularly pray, not just for myself but also for my friends, relatives and even unknown people. I listen to alpha music regularly and experience a lot of peace. I meditate everyday and as a result there is improvement in my concentration, health and power of mind. I have done the programming of my mind with lots of interest and depth and hence I know that I will get its fruits. I have patience to wait for the result of my hard work.

## I utilize every moment of my life positively

I already know the divine path to achieve peace, happiness and wealth. I have realized the unlimited powers of my mind. I am overflowing with positive emotions, trust and enthusiasm now. I have finally realized the purpose of my life and existence. I utilize every moment of my life positively. I regularly use the powers of my mind. I am glad. I am happy and I am spreading happiness. I am experiencing the divine peace within. I am a divine soul...